

SIX BAR BREAK

ACOUSTIC ROOTS & BLUES

Contact: Ben 717-602-9964

band@sixbarbreak.com

<http://www.sixbarbreak.com>



Check out www.sixbarbreak.com for songs, videos and our tour schedule

Six Bar Break is a roots rock trio homed in Harrisburg PA. Helmed by the groups primary songwriter; Ben Bollinger; they've been spreading the word about the band throughout the mid-Atlantic and picking up new fans everywhere they go.

Our style and sound takes a little bit of inspiration from yesterday and from today. It could be described as a modern fusion of roots, rock, and blues, but still uniquely original. We're constantly driven to create something of our own. Something built on the riffs, beats, and solos and glued together with a vocal begging to be heard, and a story ready to be told.

The band independently released their initial EP in September of 2016; "Echo Seven Nine". Then in May of 2017 we released our sophomore effort; "Broken Road" Since then we've been streaming live to fans on YouTube and Periscope; releasing new videos, staying in the top 10 on the local reverbnation charts and playing a full schedule in the tri-state area.

To find out more about the band:

ReverbNation: <http://www.reverbnation.com/sixbarbreak>

Facebook: <https://www.facebook.com/sixbarbreak>

Twitter: <https://twitter.com/sixbarbreak>

Youtube: <https://www.youtube.com/user/sixbarbreak>

Website: <http://www.sixbarbreak.com>

Instagram: <http://www.instagram.com/sixbarbreak>

Google Plus: <http://plus.google.com/u/0/+Sixbarbreak/posts>

Email band@sixbarbreak.com

Ben Bollinger, the bands vocalist and guitarist has been refining his style of cutting rock for over 15 years. His musical style is heavily influenced by iconic rock gods and the southern rock scene of the 70's.

David Long, the bands drummer; holds down the rhythm section of Six Bar Break. David brings a driving beat and fullness to the band in a way that few drummers could ever provide.

Robert Trowbridge, the band's bassist; was brought up on the metal titans of the last few decades. Providing a percussive, thick sound to the band, RT offers range that creates a thunderous musical explosion you wont forget.

Collectively **SIX BAR BREAK** has set out to be heard on a national and international scale. They're constantly creating, on the road, in the studio or streaming online to bring their sound to the fans. One listen and you'll be hooked.

SIX BAR BREAK

ACOUSTIC ROOTS & BLUES

Contact: Ben 717-602-9964
band@sixbarbreak.com
<http://www.sixbarbreak.com>

Millennium Music Conference:

In 2015, 2016 and 2017 the band was 1 of 100 national acts selected out of **3500** submissions to be a part of the Millennium Music Conference

ReverbNation:

In 2015, 2016 and 2017 the band made it to **#1** locally & regionally.

Gettysburg Rocks:

Since 2014 we've been working with the 4 Diamonds Foundation performing at the bi-annual event to raise awareness and funds for **Childrens cancer research.**

Tubby's & 105.7 the X's Under the Radar night:

Central PA's rock station selected the band to play in a **showcase** of regional talent

Current Album:

The band completed their second album; **Broken Road**; in May 2017.

Fan Comments:

"Great Band - Saw'em at Gettysburg Rocks, Really Cool."

- Facebook.com fan

"The End" Very good country rock!!!

Keep up your good work!!! :o)"

- ReverbNation.com fan

"Great solid high energy rock!"

- ReverbNation.com fan

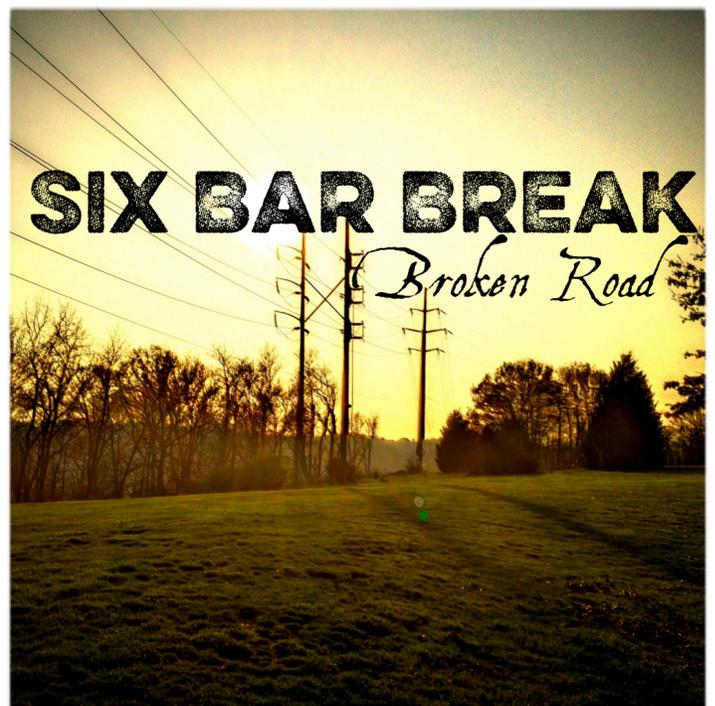
"Very nice tune with a power message.

Keep up the great work!"

- Soundcloud.com fan

"An understated, haunting track. I'll be sure to revisit this track and follow the band's progress with great interest."

- Soundcloud.com fan



SIX BAR BREAK

ACOUSTIC ROOTS & BLUES

Contact: Ben 717-602-9964
band@sixbarbreak.com
<http://www.sixbarbreak.com>



Ben Bollinger (Vox, Guitar)

As a musician growing up I was greatly influenced by classic rock and blues guitar hero's. Clapton, King, Vaughn, and on and on. All of them made me find the guitar and start on a journey to craft my own sound. Once I was in my late teens I started writing and recording and honed my sound from there till now.

Favorite Gear: Taylor and Alvarez acoustic guitars

David Long (Percussion)

Music has been a part of my life since I was a little kid. It's something that people can relate to in any situation. I've played with many great musicians over the years, in all different genres of music. Six Bar Break brings out something new in us all, and I'm ready to see where it leads.

Favorite Gear: Tone Custom drums, Saluda cymbals & Scorpion Percussion sticks



Robert "RT" Trowbridge (Bass)

Music has always been a way for me to communicate with life and how everything effects my soul. In 9th grade with paper route money I made monthly payments for a bass guitar. Twenty plus years later with influences from Black Sabbath, Led Zeppelin , Iron Maiden, Judas Priest and every other band between now and then. I've created a darker side of life style that mesmerizes the soul. We all have something different to offer. I give everything; heart and soul

Favorite Gear: Ibanez bass, Tech21 and TC Electronic

